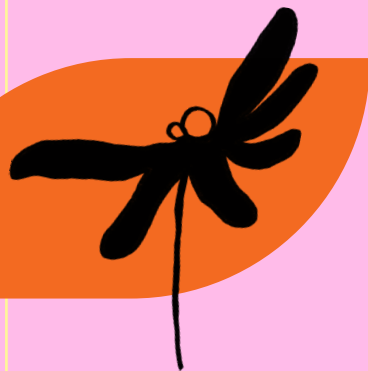


ANNUAL REPORT  
2022 - 2023

# GROUNDING IN THE PRESENT, TRANSFORMING TOMORROW.

M.K. GANDHI INSTITUTE  
FOR NONVIOLENCE





Dear  
Friends,

It is with immense gratitude and a deep sense of purpose that we present our Annual Report for 2022 - 2023. As we reflect on this past year, we're reminded of the incredible impact that your support has enabled us to achieve.

Our commitment to nonviolence remains at the heart of everything we do. This report offers a snapshot of the work we've done together this year and is a testament to the dedication and creativity of our team, the vibrancy of the communities we serve and belong to, and the incredible strides we have made together towards our vision of a nonviolent future.

In the following pages, you will discover stories of change, milestones reached, and partnerships forged in our collective pursuit of a more peaceful world. We will share with you our program highlights and how your generous contributions have made an enduring difference.

Thank you for being an integral part of our journey. Together, we are co-creating a powerfully peaceful future for all.

Gratefully,

**Erin**

*Co-Director*



**Gwen**

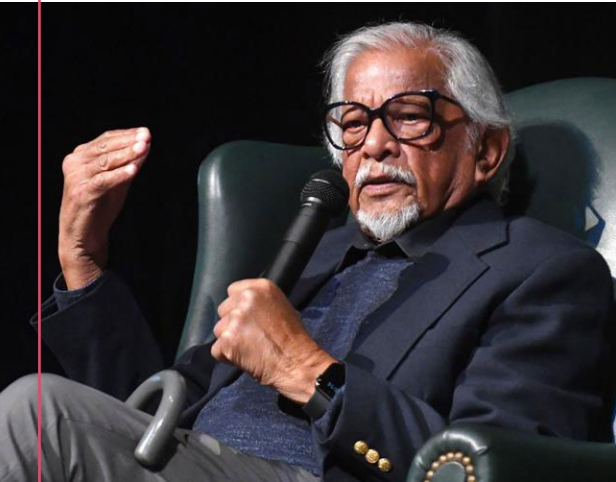
*Co-Director*



**Jessica**

*Board President*

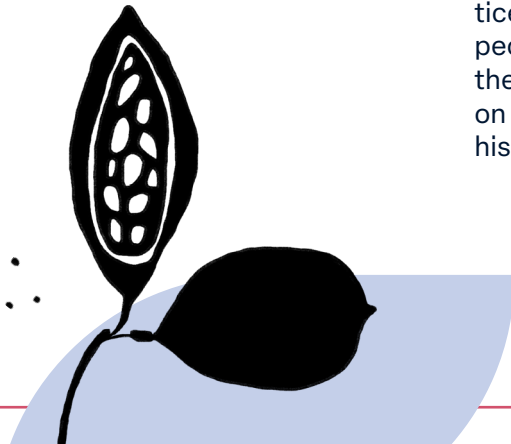




Each year is marked by celebrations and mournings, grief and joy. This year we felt an acute grief as we lost our friend, co-founder, and mentor, Arun Gandhi. Arun died on May 2, 2023 in India. We miss him immensely and will continue to honor his life through our work and actions.

## Celebrating Arun's Life

Arun was a journalist and activist and worked tirelessly to bring nonviolent tools to people across the globe and especially to support people in prisons. He wrote numerous books for adults, youth, and children on nonviolence and his bestselling 2017 book "The Gift of Anger" has been translated into over 12 languages. He and his wife Sunanda founded the MK Gandhi Institute for Nonviolence in the US in 1991. They created the Institute to continue their commitment to healing racial harms and injustices, supporting incarcerated people, and equipping youth with the tools of nonviolence, passing on the support and teachings that his grandfather gifted him.





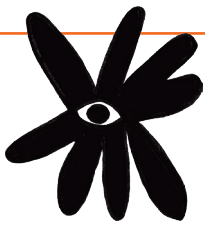
## Supporting Youth in Schools

We were privileged to continue our daily support for the school communities of Dr. Charles T. Lunsford Academy (School #19, our near neighbor) and the Enrico Fermi School (School #17, in north-west Rochester). Staff in both schools offered trauma-informed and culturally responsive conflict support, restorative spaces, and social-emotional learning for both youth and adults. Additionally, we supported local area school districts, colleges, and universities with a number of workshops and dialoguing events such as Cultural Humility and De-Escalation.



## Collaborating with Youth in Community

We launched two new exciting, youth-focused collaborations this year: youth restorative circle and leadership training with Partners in Restorative Initiatives and a gardening and sustainability program with 4H. With the support of the Ralph C. Wilson Foundation, we were thrilled to be able to offer another round of Youth Healing Hate grants this year. These grants are designed to unleash the creativity and compassion of local youth in addressing fear, hostility, and division in our communities.



## Watering our Online Garden

This year we deepened our library of accessible resources and content. We continued to facilitate powerful online book groups, conflict processes, and workshops on topics such as Feedback Learning Labs, Nonviolent Communication, and Kingian Nonviolence. And we continue to sponsor and support the radically hopeful online news resource, Nonviolence News which shares 30 - 50 stories of nonviolence in action from across the globe with readers every week.



## Sewing Digital Seeds

We also amped up our experimentation in online spaces with new resources to support the spread of nonviolent tools across the globe. Along with Arun Gandhi, we created interactive discussion videos for incarcerated folks to use during the Season for Nonviolence available on YouTube. Our team created and distributed an exciting new podcast, *Perspectives on Peace: Transforming Tomorrow*. We created new hybrid versions of our Nonviolent Communication coursework, allowing participants to join in communities of practice on site or online.



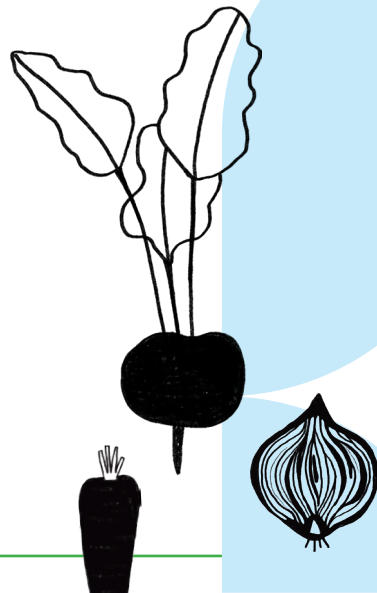


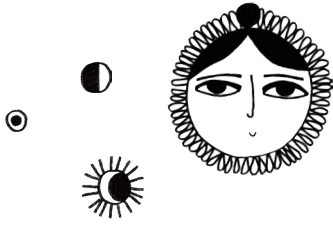
## Sharing Indoor Spaces

Our gardens and grounds are more than just physical spaces; they're vibrant symbols of our commitment to nonviolence and community. This past year, we continued to open our doors and share the Gandhi House with our local Veterans for Peace chapter, Shades of Sisterhood, Roc Rolling Resettlement, and more. The Gandhi House was also the site of a youth photography exhibition, interactive embodiment project, and a retreat space for community activist groups.

## Communing Outdoors

Our community garden project has continued to flourish as we shared beds and learned to garden with our neighbors and with the support of Cornell Cooperative Extension's Seed to Supper program. Additionally, we were thrilled to unveil a new mural by the talented local artist, Paris Cockrell. This one of a kind piece, and Paris's first solo mural, were created especially for our site and in celebration of community. These initiatives embody our belief that our physical spaces can be catalysts for positive change and community building.





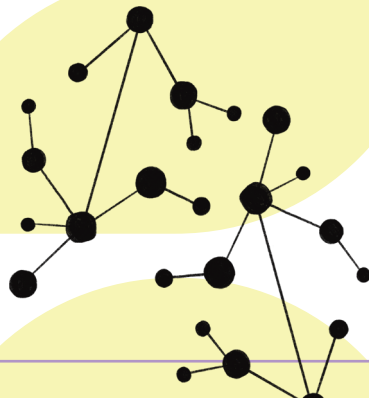
## Sharing Skills

Our commitment to promoting non-violence extends beyond theory; it manifests in practical, actionable ways through our workshops and community events. Over the past year, we have continued to empower individuals, organizations, and grassroots groups by offering a variety of experiential and enriching workshops. We've helped equip folks with tools to defuse tension and reduce violence in our de-escalation and conflict workshops. We've learned and practiced invaluable skills together in our Nonviolent Communication groups, Kingian Nonviolence series, Season for Nonviolence check-ins, book groups, and more!

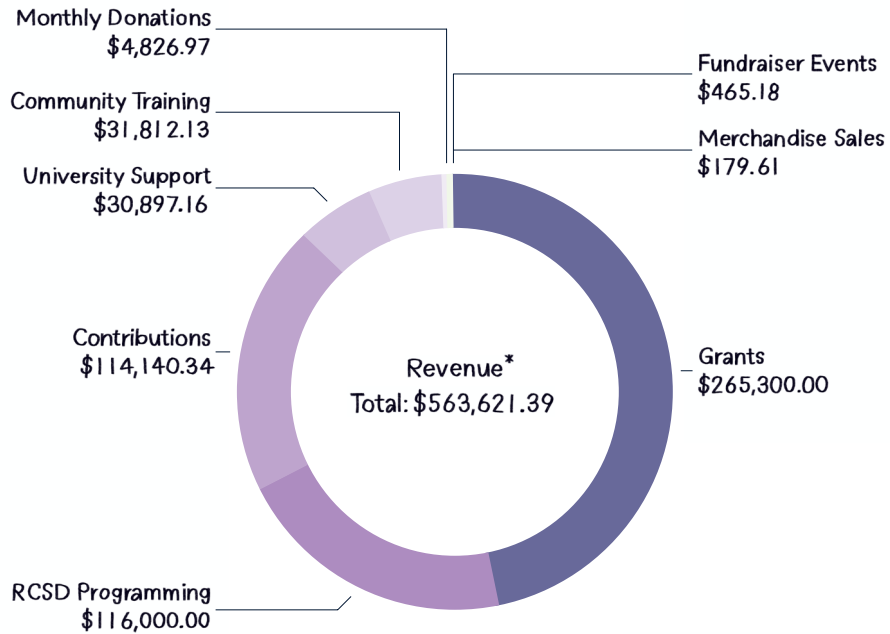


## Strengthening Networks

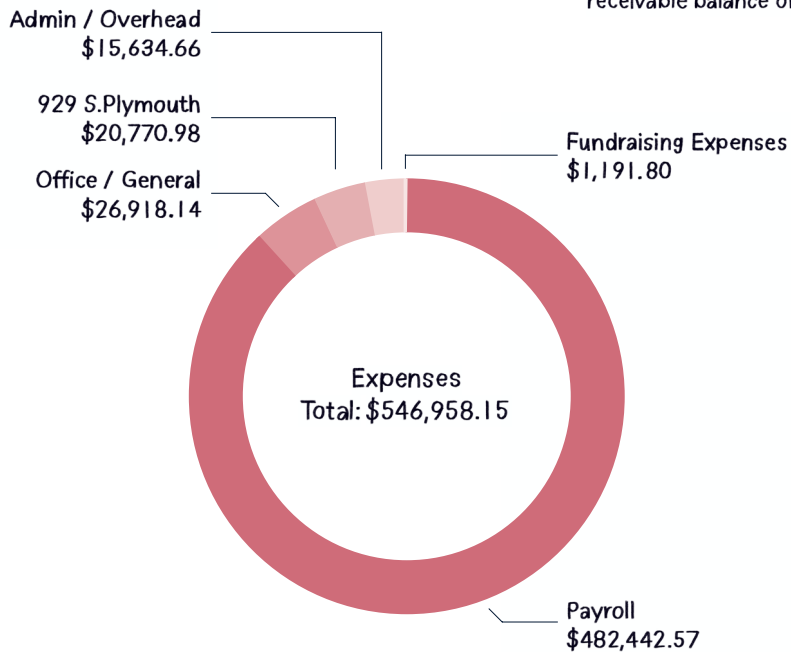
We've also dedicated resources to help groups begin to build robust feedback and conflict resolution systems, fostering healthier and more compassionate communities. We've worked with a number of teams to enhance their facilitation skills and create brave spaces that encourage dialogue and understanding. Through these initiatives, we have witnessed firsthand the transformative power of education, collaboration, and effective communication in building a world where nonviolence thrives.



## OUR YEAR IN NUMBERS



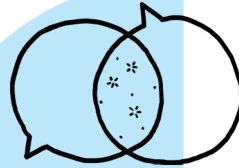
\*Revenue includes RCSD accounts receivable balance of \$54,400







Number of events:  
136



Student Conversations:  
5,328



Youth & Adults Trained:  
2,330

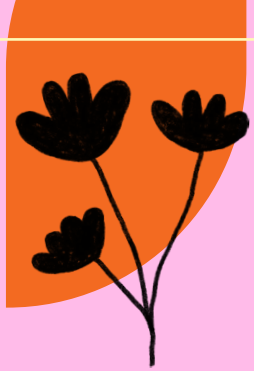


Annual Budget:  
\$546,958.15



Staff:  
11

# Deep Gratitude



**Grateful for support from close to 200 donors and from the following foundations:**

Community Foundation of Greater Memphis, Education for Success Foundation, ESL, Excellus BCBS, Fenwick Foundation, Hallowell Foundation, Foundation for the Future, NYS, Omidyar Global Fund at the Hawai'i Community Foundation, Ralph C. Wilson, Jr. Foundation, Rochester Area Community Foundation, Woven Foundation.

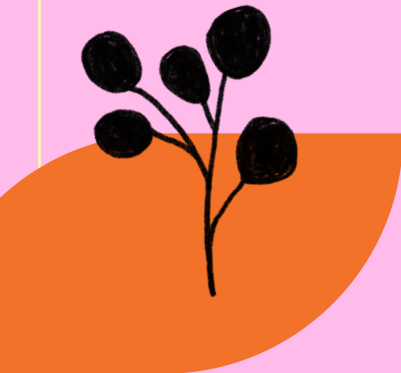


Want to Get Involved?  
Check out our site at [gandhiinstitute.org](https://gandhiinstitute.org) to:

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[Participate in events](#)

[Donate and support the work!](#)



**M.K. Gandhi Institute  
for Nonviolence**